

Submission Preparation Checklist

Before submitting your manuscript, please ensure that all the following requirements are met. Submissions that do not comply may be returned for revision.

SN	Checklist Item	Confirmation
1.	Originality & Prior Publication: The manuscript is original, has not been published elsewhere, and is not under consideration by another journal.	☐
2.	Manuscript Format: The submission is in Microsoft Word (.doc or .docx) format, adhering to the journal's formatting guidelines.	☐
3.	References & Citation Style: All references are formatted according to the Vancouver referencing style, with DOIs and URLs included where applicable. In-text citations appear as superscripts without brackets or parentheses.	☐
4.	Text Formatting: The manuscript is double-spaced, uses a 12-point font (Times New Roman or Arial), and follows the required word limit.	☐
5.	Figures, Tables & Supplementary Material: All figures, tables, and charts are provided on separate pages at the end of the manuscript and are properly labeled with captions.	☐
6.	Ethical Compliance & Conflict of Interest: The study complies with ethical guidelines, and ethics approval documentation is included (if applicable). A conflict of interest statement is provided.	☐
7.	Cover Letter & Supporting Documents: A cover letter is included, along with any required supporting documents (e.g., supplementary data, funding statements, author contributions).	☐

Please Submit your completed manuscript directly to the journal through:
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